

# **WORLD FEDERATION OF KRAV MAGA**



## **WORLD KRAV MAGA CHEMPIONSHIP**

### **RULES AND REGULATIONS**

**WORLD KRAV MAGA COMPETITION**

**1/1/2018**

# WORLD FEDERATION OF KRAV MAGA



## INTRODUCTION

The World Federation of Krav maga and Associated Disciplines (WFKM) is pleased to present the rules for the first WORLD KRAV-MAGA CHEMPIONSHIP which will take place on Sunday 22 October in Jerusalem .

WFKM President, Dr. Gaby MICHAELI , wishes to create an world movement as the Federation was the first in the world to propose a sporting competition for Krav-Maga in the last three years. The objective is to clarify and develop the discipline.

We are counting on the investment of all the presidents and masters of Krav-Maga clubs to promote this new event through their respective networks.

This world championship is open to krav maga clubs and federations in World.

The rules for the events and categories of this competition are similar to those of the PARIS Krav-Maga championship.

This rules and referee booklet will allow for the best management of this event. You will find all of the information necessary to help you improve your students' participation and for yourself to participate.

The World KRAV-MAGA Championship is intended for **Cadet, Junior, Senior and Veteran competitors**. Several teams from club can participate. The World KRAV-MAGA Championship is divided into several **distinct categories**:

- **The CADET category /MALE & FEMALE**
- **The JUNIOR category/ MALE & FEMALE**
- **The SENIOR category/ MALE & FEMALE**
- **The VETERAN category/ MALE & FEMALE**
- **The MIXED category/ MALE & FEMALE**
- **The OPEN category/ MALE & FEMALE**

The Krav-Maga competition consists of **a technical confrontation by teams** made up of 2 performers (Duel). A Duel can be made up (depending on the category) of a pair of men, a pair of women or a mixed pair.

Each duel offers and demonstrates a free interpretation of situations. the duration of the demonstration is 1'30" for all categories.

The demonstration consists of situations with and without the use of weapons chosen by the teams. These weapons are provided by the WFKM .

During the demonstration, the attacker may use any of the techniques used in Krav-Maga. The defender's defence and responses should be many, varied and pragmatic as Krav-Maga prescribes.

The decision is reached through Flag Voting. There is **no** repechage.

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Competitors must wear a Krav-Maga uniform as determined in the rules of this competition. The technical demonstration of the team must uphold the values and fundamental principles of Krav-Maga. It must be realistic and bring the spirit of combat.

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## ADMINISTRATIVE COMPONENT OF THE WORLD KRAV MAGA CHAMPIONSHIP

### Article 1 – BEFORE EACH COMPETITION

An Administrative Officer appointed by the Organiser will:

- Receive all of the competitors' entries, sent by the Clubs.
- Register the competitors, create lists of the participants.
- Complete the random draw of each team. There is no repechage.
- Bring to the competition: the boards, the list of participants for display and review, and the file of declaration papers in the case of a dispute.

### Article 2 – CLUBS

Registration is unlimited (several teams per club are allowed). **A team must be made up of competitors from the same club** (no athletics agreement is permitted for this competition).

### Article 3 – REGISTRATION

For each competition, the competitors must submit the following obligatory paperwork:

- Proof of grade (Black Belt or coloured Belt);
- Passport ;
- Their medical certificate to certify that they can take part in the competition.

### Article 4 – REGISTRATION DEADLINE

The deadline for registration ( 28 September 2017). This date is on the competition programme and registration file.

Competitors must register through the club and Federations in which they are licensed.

All registrations **must** be sent with respect to the date set pour the competition published on the Federation's website and on the registration papers sent to the Federations and clubs.

For obvious reasons, in regards to the proper preparation of competitions, any incomplete entries or received after the deadline will be rejected.  
Registrations can be made on site.

***The entry fee will be 100 \$ for a pair.***

### Article 5 – COMPETITION ADMINISTRATION

#### Throughout the competition:

An Officer appointed by the Organiser will:

- Insure the proper execution of the competition until the end of the protocol;
- Insure the monitoring of the security service from the reception;
- Insure the passport check and registration to the competition boards;
- Display the list of competitors before the competition and the boards during the competition;
- Manage the competition administration;
- Insure compliance with the rules in the name of the federation;
- Intervene to prevent and regulate possible conflicts;
- Organise the protocol for giving out medals and diplomas.

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## **After each competition:**

The Administration Officer appointed by the Organiser will:

- Put together a comprehensive competition file;
- Send a copy to the National Technical Directorate.

The Administration Officer is appointed by the Federation and is responsible for the sports organisations.

## **Article 6 – CONFIRMATION OF REGISTRATIONS**

After the passport control, the competitors will confirm their presence on the tables provided for this purpose.

Only the competitors registered on the official list of participants sent by the Federations and clubs can participate.

## **Article 7 – CONDUCT AND MOVEMENT OF COMPETITORS**

Access to the competition area is not permitted to competitors before their turn. Members of the sports Committee are responsible with informing the competitors in the provided warm-up area when their turn has been announced.

When competitors present themselves in the competition area they must be dressed as outlined in the rules.

## **Article 8 – THE TECHNICAL STAFF, MEDICAL, COMMUNICATIONS AND MASTERS**

The technical staff must wear the official uniform and display exemplary behaviour in accordance with their responsibilities. A member of the sports Committee will show to them their reserved seats.

During the competition of their students, masters must adopt a dignified attitude respectful of officials, referees and competitors at all times. **Coaching is not allowed.**

## **Article 9 – REFEREEING**

The status of referee is achieved through specific training. The National Technical Directorate confirms the list of nominated referees and appoints the Federal Officer of Refereeing.

The Federal Officer of Refereeing insures the proper technical execution of the competition with the appointed referees. A member of the Referee Panel may assist in the group draw.

## **Article 10 – OFFICIAL UNIFORM**

The official dress is required. Judges must wear the official uniform of the Referee Panel. This uniform must be worn during the WORLD FEDERATION OF KRAV MAGA.

## **Article 11 – MEDICAL**

Medical supervision is insured by the medic(s) summoned by the Federal Doctor.

## **Article 12 – COMMUNICATIONS**

Contact with the Press and circulation of information are conducted by the Federal Communications Officer in collaboration with the Secretary General and the National Technical Manager.

They insure the production of posters, writing of promotional material, press ads, and radio announcements.

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## GENERAL RULES FOR THE WORLD KRAV MAGA CHAMPIONSHIP

### ARTICLE 13 – COMPOSITION OF TEAMS

**Composition of teams for the Cadet category:** Teams can be made up of women, men or the pair can be mixed. There is no distinction between coloured Belts and/or Black Belts in this category.

**Composition of teams for the Junior category:** Teams can be made up of women, men or the pair can be mixed. There is no distinction between coloured Belts and/or Black Belts in this category.

**Composition of teams for the Senior category:** Teams can be made up of women, men or the pair can be mixed. There is no distinction between coloured Belts and/or Black Belts in this category.

**Composition of teams for the Veteran category:** Teams can be made up of women, men or the pair can be mixed. There is no distinction between coloured Belts and/or Black Belts in this category.

**Composition of teams for the mixed category:** The teams are made up of one man and one woman and There is no distinction between coloured Belts and/or Black Belts in this category.

**Composition of teams for the Open category:** The teams can be made up of: **2 men, 2 women, or mixed.** There is no distinction between coloured Belts and/or Black Belts in this category. This **applies to Junior, Senior and Veteran categories.**

### ARTICLE 14– AGE REQUIREMENTS FOR EACH CATEGORY

- ✓ The Cadet category (2001-2000): At least 14 and less than 16 years of age on 22 October 2017
- ✓ The Junior category (1999-1998): At least 16 and less than 18 years of age on 22 October 2017
- ✓ The Veteran category: At least 45 years of age on 22 October 2017
- ✓ The Mixed categories: At least 18 and less than 45 years of age 22 October 2017
- ✓ The Open categories: At least 16 and less than 45 years of age on 22 October 2017

**\*No exceptions on upgrading will be granted in regards to the required age for each category. For example, a team in the CADET category will be made up of only cadets, the same goes for the other categories.**



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## ARTICLE 15 – COMPETITION SURFACE

- ✓ The competition area must be flat and devoid of hazard.

The competition area shall be eight meters squared (measured from the outside). An extra meter is given on each side as a safety surface. This 10 x 10 surface is made up of tatamis. The 1 meter wide security surface on the perimeter of the competition area must be clearly delimited. The area can be lifted up to one meter above the ground level. This lifted platform must measure at least twelve meters from the side in such a way as to include both the competition area and the safety surface of 2 meters on the side.

- ✓ The judges will be seated in the external limit of the safety area.

## ARTICLE 16 – UNIFORM

- ✓ Competitors must wear the Krav-Maga uniform: black kimono trousers, black t-shirt, Red or Blue Belt (provided by the organisation) and training slippers ;
- ✓ The team (duel) must have identical uniforms;
- ✓ On both trousers and t-shirt, only the following may be displayed:
  - The word KRAV-MAGA;
  - The federal KRAV-MAGA WFKM logo for the WFKM licensees;
  - The National Federation / club badge.
- ✓ In the two competing teams, one team must wear the Red Belt and the other the Blue Belt. These belts must measure about 5cm in width and be long enough to leave 15cm of slack on either side of the knot (provided by the competition organisers).
- ✓ Hair clips and hairpins must be discrete.
- ✓ The wearing of any other clothing or equipment is not allowed.
- ✓ The use of a bandage or support must be authorised by the competition doctor.

*•When teams or competitors present themselves in the competition area with a non-conforming uniform, there is not an immediate disqualification but one minute is given to remedy the issue.*

## ARTICLE 17 – BOWING AND WAITING POSITION

Bowing: With feet apart and parallel, the bust is inclined without being obtrusive, arms are down the side of the body.

Waiting position: With feet apart and parallel, both arms are crossed behind the back.

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## ARTICLE 18 – ORGANISATION OF THE COMPETITION

The WORLD KRAV-MAGA CHEMPIONSHIP is a team confrontation. Each team is made up of 2 performers (Duel).

Team competitors remain the same throughout the competition, **no replacement is allowed.**

Based on the categories, a team can be made up of:

- ✓ Pair of men;
- ✓ Pair of women;
- ✓ Mixed pair.

For the Cadet, Junior, Veteran and Open categories, the duel can be male, female or mixed.

Each duel proposes and demonstrates a **free interpretation** of situations.

For all finals from each category, the team may perform the same demonstration or a new demonstration.

## ARTICLE 19 – DURATION OF THE DEMONSTRATION

**For all categories the duration of the demonstration is 1' 30''.**

10'' before the end of the given time, a gong will alert the team.

A second gong will mark the end of the demonstration. The team will be able to finish the sequence begun.

## ARTICLE 20 – DEMONSTRATION

Demonstration can include: For the attacker:

- ✓ Impacts from the upper limbs (open hands or closed fists);
- ✓ Impacts from lower limbs;
- ✓ Grabbing;
- ✓ Pushing;
- ✓ Pulling;
- ✓ Circling;
- ✓ Strangling;
- ✓ Bringing to the ground;
- ✓ Projection;
- ✓ Immobilisation on the ground;
- ✓ Threatening with baton;
- ✓ Threatening with knife;
- ✓ Threatening with pistol :
- ✓ Attack with baton;
- ✓ Attack with knife.

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For the defender:

The defence and responses should be many, varied and pragmatic as Krav-Maga prescribes.

During the technical demonstration, team members can be the “attacker” or “defender” on their own initiative without an imposed order, regardless of the gender category.

The movements will be free and the positioning vis-à-vis one's partner during the demonstration will be as well (front, side or behind).

The duel will be allowed to freely present a different demonstration or the same demonstration until and including in the finals.

During the registration verification at each round, each Team Captain will present himself/herself at the Official Table. The team which does not present itself at the call will be disqualified.

At each round two teams will present their demonstration in a confrontation.

## ARTICLE 21 – USE OF WEAPONS

The demonstration will include situations with and without the use of weapons. Each team demonstration **must include at least once the use of authorised weapons in accordance with the category.**

A team may present one or a series of sequences with a weapon both for the defender and the attacker.

Only the weapons provided and given out by the organisation will be authorised.

These weapons will necessarily be made of rubber and sponge. The weapons used during the demonstration will be either:

- ✓ Placed on one or multiple corners in the fighting area
- ✓ Carried by the competitors

## ARTICLE 22 – AUTHORISED WEAPONS FOR EACH CATEGORY

- ✓ In the **Cadet** category, only the baton is used. Each team (Red and Blue) will have 2 batons at their disposal.
- ✓ **In other categories** (including the Open category), the baton, pistol and the knife must be used. Each team (Red and Blue) will have 2 batons and 2 knives and 2 pistol at their disposal.

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## ARTICLE 23 – THE REFEREE PANEL

1. For each round, the Referee Panel will be made up of:  
Three judges, a scorer and an announcer;
2. Any judge or organisation member summoned to judge a competition can under no circumstance participate as a team competitor.

### **EXPLANATIONS:**

- *With 3 judges:* The central judge will be seated at the edge of the competition area, facing the competitors. The two other judges will be seated on either side of the mat (on the right and left). The three judges will each have a Blue and a Red Flag.

For each final, the Referee Panel will be made up of

- *With 5 judges:* The central judge will be seated at the edge of the competition area, facing the competitors. The other judges will be seated on either side of the mat. The five judges will each have a Blue and a Red Flag.

Judges can't be competitor.

## ARTICLE 24 – JUDGING CRITERIA

1. The team demonstration must be executed with skills and must demonstrate knowledge of the KRAV-MAGA principles.
2. This technical demonstration is not based on an aesthetic appreciation but rather on the values and fundamental principles of Krav-Maga, including efficiency, pragmatism, simplicity and speed.
3. To score the team performance, the judges will keep the following criteria in mind:
  - ✓ How realistic the demonstration is;
  - ✓ Uniqueness of the demonstration;
  - ✓ Variety and technical difficulty both in defence and in attack/threat;
  - ✓ Attitude;
  - ✓ Mastering of the technique, which implies a control over movements and safety;
  - ✓ Determination, concentration and a fighting spirit;
  - ✓ Proportional responses.
4. The two team partners are evaluated irrespective of their roles defined in the choice of their presentation (attacker or defender).
  - During the team demonstration, the two competitors must begin their performance in front of the Central Judge.
  - Team members must prove their skills in all aspects of the sequence execution.

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## ARTICLE 25 – DISQUALIFICATIONS AND PENALTIES

The team is disqualified by the Central Judge if the demonstration is interrupted or if the safety of one of the competitors is in danger.

When a team is disqualified, the Central Judge raises the relevant Flag (Red or Blue) and crosses and uncrosses the Flags. The opposing team is then declared the winner. In the heats, both teams can be disqualified within the same round. During the finals, the Referee Panel is responsible for making a decision and determining the final grading.

## ARTICLE 26 – EXECUTION OF THE COMPETITION

At the start of each round, at the call of the team number and names of each duel, the two teams shall present themselves in front of the Central Judge.

The two competitors (duel) of a team will wear a Red Belt, and the members of the other team a Blue Belt, aligning themselves with the perimeter of the competition area, in front of the Judge. After bowing to the Central Judge, the duo wearing the Blue Belt leaves the competition area and waits for their turn: the duo wearing the Red Belt enters the competition area. After another bow to the Referee Panel.

During the team demonstration, the two competitors must begin their performance before the Central Judge:

- If the first team uses weapons during the demonstration, it must leave the weapons used in the corners of the fighting area or wear them, and then begin the performance. The timer is started at the start of the performance. At the end of the performance, the team collects its weapons, leaves the area and waits for the demonstration of the other team to be completed.
- If the second team uses weapons during its demonstration, it must leave the weapons used in the corners of the fighting area or wear them, and then begin the performance. The timer is started once more. At the end of the performance, the team collects its weapons and both teams return to the competition area and wait for the decision of the Referee Panel.

When the two demonstrations are finished, both teams remain side by side before the Central Judge in the competition area. The Central Judge requests the decision by whistling twice. All flags must be lifted simultaneously.

To lower the Flags, the Central Judge whistles once more.

The decision is in favour of either the team with the Red Belt or the Blue Belt. A draw is not possible. The team receiving the majority of flags is declared the winner

After the decision, the competitors bow to each other and to the Referee Panel and leave the competition area.

The team have five minutes of recovery between each round.

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## ARTICLE 27 – OFFICIAL COMPLAINT

The Central Judge is responsible for insuring that the round is executed in accordance with the organisational procedures and the rules of the competition.

In the case of a complaint, the Match Area Controller must be alerted immediately. The Match Area Controller will immediately take the relevant actions. His decision is subject to appeal before the Chief Referee immediately after the performance of the teams. If the Chief Referee finds that the claim is well founded, all appropriate actions are taken. Their decision is not subject to appeal. The following rounds are not delayed, even if an official complaint is about to be filed. After a team demonstration, judges' decisions cannot be contested through Flag Voting.

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